



## Operational Stress Control

### Naval Logistics Library Order Sheet

Submit Orders to:  
<https://nll ahf.nmci.navy.mil>  
 and products will ship FREE to your command.

**1**

Decide which products and how many you want - Enter numbers in the order column.  
 For packaged products please also enter TOTAL requested, i.e. 2 packs x 50 = 100 Total

**2**

**A.** Contact your Logistics Specialists or supply department to get the appropriate Unit Identification Code (UIC) and help ordering products.  
**B.** They must have an NLL account. For help ordering or setting up an account from the Naval Logistics Library call: 1-866-817-3130 or 215-697-2626/DSN 442-2626  
**C.** Supply this completed form.

**3**

Insert Organizational UIC - All products will be shipped to physical address associated with the UIC in the System (usually a receiving office or supply delivery address for the base). **Insert UIC Here:**

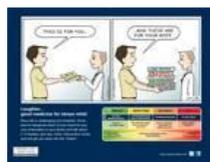
**4**

In addition to the UIC include an Attention Line here for delivery notification (No more than 35 characters including telephone number)  
**Insert Attn. Line Here:**

NLL STOCK NUMBER	PUBLICATION NUMBER	PUBLICATION NAME	PREVIEW	QUANTITY	Total ORDER
0500LP1103858	NAVPERS 172002	OSC Cartoon_1 In Law (4"x6" two-sided card)		Pack of 50	
0500LP1103861	NAVPERS 172003	OSC Cartoon_2 Video Game (4"x6" two-sided card)		Pack of 50	
0500LP1103864	NAVPERS 172004	OSC Cartoon 3 LCPO (4"x6" two-sided card)		Pack of 50	

NLL STOCK NUMBER	PUBLICATION NUMBER	PUBLICATION NAME	PREVIEW	QUANTITY	Total ORDER
0500LP1103866	NAVPERS 172005	OSC Cartoon_4 Wedding (4"x6" two-sided card)		Pack of 50	
0500LP1116779	NAVPERS 172026	OSC Cartoon _5 Relaxation (4"x6" two-sided card)		Pack of 50	
0500LP1116780	NAVPERS 172027	OSC Cartoon _6 FITREP (4"x6" two-sided card)		Pack of 50	
0500LP1136098	NAVPERS 600020	OSC Cartoon_7 Alternative Watch (4"x6" two-sided card)		Pck of 50	
0500LP1136099	NAVPERS 600021	OSC Cartoon_8 Sleep (4"x6" two-sided card)		Pack of 50	
0500LP1105789	NAVPERS 172006	OSC Sub Aviation (brochure)		Pack of 100	

NLL STOCK NUMBER	PUBLICATION NUMBER	PUBLICATION NAME	PREVIEW	QUANTITY	Total ORDER
0500LP1105790	NAVPERS 172007	OSC Family (brochure)		Pack of 100	
0500LP1105791	NAVPERS 172008	OSC Sailor (brochure)		Pack of 100	
0500LP1105792	NAVPERS 172009	OSC Expeditionary (brochure)		Pack of 100	
0500LP1136103	NAVPERS 600022	Alternative Watch Brochure		Pack of 100	
0500LP1136104	NAVPERS 600023	OSC Sleep Brochure		Pack of 100	
0500LP1105793	NAVPERS 172010	OSC Mini Stress Continuum (magnet)		Pack of 100	

NLL STOCK NUMBER	PUBLICATION NUMBER	PUBLICATION NAME	PREVIEW	QUANTITY	Total ORDER
0500LP1127969	NAVPERS 600013	OSC Stress Zones/5 Core Leader Functions (DVD - 12 minute Video)		Order by # required Not in Packs	
0500LP1105794	NAVPERS 172011	OSC Combat Stress First Aid (4"x6" two-sided card - Stress Continuum on reverse)		Pack of 100	
0500LP1105795	NAVPERS 172012	OSC Decision Matrix (4"x6" two-sided card - Stress Continuum on reverse)		Pack of 100	
0500LP1126695	NAVPERS 600010	OSC Leader Pocket Guide (Reproduction of 28 Page NAVOSC-LEAD Course Pocket Guide 4"x6")		Pack of 25	
0500LP1105796	NAVPERS 172013	OSC In Law Cartoon (mini poster - 8.5"x11" two sided with Stress Continuum on reverse)		Order by # required Not in Packs	
0500LP1105797	NAVPERS 172014	OSC LCPO Cartoon (mini poster - 8.5"x11" two sided with Stress Continuum on reverse)		Order by # required Not in Packs	
0500LP1105798	NAVPERS 172015	OSC PCS Cartoon (mini poster - 8.5"x11" two sided with Stress Continuum on reverse)		Order by # required Not in Packs	

NLL STOCK NUMBER	PUBLICATION NUMBER	PUBLICATION NAME	PREVIEW	QUANTITY	Total ORDER
0500LP1105799	NAVPERS 172016	OSC Video Game (mini poster - 8.5"x11" two sided with Stress Continuum on reverse)		Order by # required Not in Packs	
0500LP1105800	NAVPERS 172017	OSC In Law Cartoon (poster - 11"x14" two sided with Stress Continuum on reverse)		Order by # required Not in Packs	
0500LP1105801	NAVPERS 172018	OSC LCPO Cartoon (poster - 11"x14" two sided with Stress Continuum on reverse)		Order by # required Not in Packs	
0500LP1105802	NAVPERS 172019	OSC PCS Cartoon (poster - 11"x14" two sided with Stress Continuum on reverse)		Order by # required Not in Packs	
0500LP1105803	NAVPERS 172020	OSC Video Game (poster - 11"x14" two sided with Stress Continuum on reverse)		Order by # required Not in Packs	
0500LP1116776	NAVPERS 172023	OSC Wedding Cartoon (poster - 11"x14" two sided with Stress Continuum on reverse)		Order by # required Not in Packs	

NLL STOCK NUMBER	PUBLICATION NUMBER	PUBLICATION NAME	PREVIEW	QUANTITY	Total ORDER
0500LP1116777	NAVPERS 172024	Mandatory Voluteer (poster - 11"x14" two sided with Stress Continuum on reverse)		Order by # required Not in Packs	
0500LP1116778	NAVPERS 172025	OSC Zone Guide poster (24"x33" synthetic paper)		Order by # required Not in Packs	
0500LP1105804	NAVPERS 172021	OSC Information Sheet 1- FAQ (Frequently Asked Questions)		Pack of 100	
0500LP1105805	NAVPERS 172022	OSC Information Sheet 2- Program Facts (Single Page OSC Information Sheet)		Pack of 100	
0500LP1127970	NAVPERS 600014	Principles of Resilience and Stress Control (Two Page OSC Information Sheet)		Pack of 50	
0500LP1127971	NAVPERS 600015	OSC Mobile Training Team (MTT) (Single Page OSC Information Sheet)		Pack of 50	
0500LP1127972	NAVPERS 600016	Alternative Watch Schedule (Two Page OSC Information Sheet)		Pack of 50	

NLL STOCK NUMBER	PUBLICATION NUMBER	PUBLICATION NAME	PREVIEW	QUANTITY	Total ORDER
0500LP1128082	NAVPERS 600019	OSC 5 Core Leader Functions (Two Page Information Sheet)		Pack of 50	
0500LP1145629	NAVPERS 600027	NAVOSC-Lead (Single Page OSC Information Sheet)		Pack of 50	
0500LP1145630	NAVPERS 600028	DPL-OSC (Single Page OSC Information Sheet)		Pack of 50	
0500LP1098699	NAVPERS 172000	Navigating Stress 16" X 20" Poster		Order by # required Not in Packs	
0500LP1098701	NAVPERS 172001	Navigating Stress Trifold		Pack of 50	
<b>SUICIDE PREVENTION PROGRAM PRODUCTS AVAILABLE AT NAVAL LOGISTICS LIBRARY</b> Additional products are also available for download at <a href="http://www.suicide.navy.mil">www.suicide.navy.mil</a> (Command & Leaders section and Informational Products section)					
STOCK NUMBER	PUBLICATION NUMBER	PUBLICATION NAME	PREVIEW	QUANTITY	ORDER

NLL STOCK NUMBER	PUBLICATION NUMBER	PUBLICATION NAME	PREVIEW	QUANTITY	Total ORDER
0500LP1154645	NAVPERS 600031	Every Sailor, Every Day DVD (17 minute scenario-based video for additional training and education)		Order by # required Not in Packs	
0500LP1145665	NAVPERS 600030	Stress Navigation Plan (Two Page Worksheet)		Pack of 50	
0500LP1126697	NAVPERS 600011	Truth About Sailors and Suicide (Two Page Information Sheet)		Pack of 50	
0500LP1128080	NAVPERS 600017	"What's in a Word? How to Talk About Suicide" (One Page Information Sheet)		Pack of 50	
0500lp1145664	NAVPERS 600029	"What's in a Word? Best Practices for Reporting on Suicide in the Media" (Two Page Information Sheet)		Pack of 50	
0500LP1128081	NAVPERS 600018	Seven Everyday Ways to Promote Suicide Prevention Awareness (Two Page Information Sheet)		Pack of 50	

NLL STOCK NUMBER	PUBLICATION NUMBER	PUBLICATION NAME	PREVIEW	QUANTITY	Total ORDER
0500LP1136101	NAVPER5 60008A	Suicide Prevention Helpline VERSION 2 (Magnet 3"x5")		Pack of 50	
0500LP1136102	NAVPER5 60009A	Suicide Prevention Helpline VERSION 2 (Business Card - 2 sided)		Pack of 100	
0500LP1082585	NAVPER5 0177000	JUST ONE (POSTER)		Order by # required Not in Packs	
0500LP1082586	NAVPER5 0177001	WE'RE ALL IN THIS TOGETHER (POSTER)		Order by # required Not in Packs	
0500LP1082587	NAVPER5 0177002	GOT BIG PROBLEMS (POSTER)		Order by # required Not in Packs	
0500LP1082588	NAVPER5 0177003	FOOTPRINTS (POSTER)		Order by # required Not in Packs	

NLL STOCK NUMBER	PUBLICATION NUMBER	PUBLICATION NAME	PREVIEW	QUANTITY	Total ORDER
0500LP1095303	NAVPERS 600004	NO SAILOR STANDS ALONE (POSTER)		Order by # required Not in Packs	
0500LP1095304	NAVPERS 600005	DOESN'T HAVE TO BE THIS WAY (POSTER)		Order by # required Not in Packs	
0500LP1095305	NAVPERS 600003	WARNING SIGNS (POSTER)		Order by # required Not in Packs	
0500LP1106073	NAVPERS 60007	Navy Suicide Prevention: Peer to Peer Training (CD VIDEO)	CD 	Order by # required Not in Packs	
0500LP1106072	NAVPERS 60006	Navy Suicide Prevention Videos: "After a Suicide: Helping Those Left Behind" "Overcoming a Suicidal Crisis: One Family's Insights for Care Providers"	CD 	Order by # required Not in Packs	
0506LP1019435	NAVPERS 60000A	THRIVING ON STRESS (POCKET GUIDE)		Pack of 50	

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<b>OPERATIONAL STRESS CONTROL PROGRAM PRODUCTS</b> <b>AVAILABLE FOR DOWNLOAD ON NKO'S OSC PAGE:</b> <a href="https://wwwa.nko.navy.mil/portal/operationstresscontrol/operationstresscontrol?paf_default_view=true">https://wwwa.nko.navy.mil/portal/operationstresscontrol/operationstresscontrol?paf_default_view=true</a>					
		OSC Combat Stress First Aid Sheet		1 per page	
		OSC Combat Stress First Aid Sheet		1 per page	
<b>Suicide Prevention Program Products - From sources other than NKO or Naval Logistics Library</b>					
Order Number 00444667	Available through <a href="http://www.defenseimagery.mil">http://www.defenseimagery.mil</a> To Order Call Customer Service direct at (888)743-4662	Suicide Prevention - A Message From Survivors	CD 	Order by # required Not in Packs	

Note: Operational Stress Control blog URL has changed to [navstress.wordpress.com](http://navstress.wordpress.com) (formerly [www.navnavstress.com](http://www.navnavstress.com))